

The first 100 high-frequency words

PHASE TWO Decodable words	PHASE TWO Tricky words
a	the
an	to
as	I
at	no
if	go
in	into
is	
it	
of	
off	
on	
can	
dad	
had	
back	
and	
get	
big	
him	
his	
not	
got	
up	
mum	
but	
put*	

PHASE THREE Decodable words	PHASE THREE Tricky words
will	he
that	she
this	we
then	me
them	be
with	was
see	you
for	they
now	all
down	are
lock	my
too	her

*Northern pronunciation

PHASE FOUR Decodable words	PHASE FOUR Tricky words
went	said
it's	have
from	like
children	so
just	do
help	some
	come
	were
	there
	little
	one
	when
	out
	what

PHASE FIVE Decodable words	PHASE FIVE Tricky words
don't	oh
old	their
I'm	people
by	Mr.
time	Mrs.
house	looked
about	called
your	asked
day	could
made	
came	
make	
here	
saw	
very	
put **	

** Southern pronunciation

Children are not expected to know the phase 5 high frequency words until Year 1, but they can be used as extension words for Reception

Source: DfES (2007) Letters and Sounds: Principles and Practice of High Quality Phonics, Primary National Strategy